

## Middle School Lunch Menu January 2019

Sun	Mon	Tue	Wed	Thu	Fri	
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> Pizza, California blend vegetables, tossed salad w/dressing, whole wheat sugar cookie, apple wedges, assorted milk	<b>8</b> Chicken strips, mashed potatoes, green beans, roll, strawberries, and assorted milk	<b>9</b> Hamburger, pickle, lettuce, tomato, baked beans, baked potato chips, pears, assorted milk	<b>10</b> Lasagna, tossed salad w/dressing, roll, fruit cup, assorted milk	<b>11</b> Chicken sandwich, potato wedges, ketchup, ranch, carrot/celery sticks, fruit cocktail, assorted milk	<b>12</b>
<b>13</b>	<b>14</b> Ham & cheese sandwich, French fries, lettuce, tomato, pickle, mayo, mustard, ketchup, fruit cup, and assorted milk	<b>15</b> Chicken strips, mac & cheese, peas, roll, tossed salad w/dressing, pear, and assorted milk	<b>16</b> Taco casserole, refried beans, salsa, whole wheat chocolate chip cookie, fruit cocktail, and assorted milk	<b>17</b> Chicken fried steak, mashed potatoes, broccoli, roll, assorted fruit, and assorted milk	<b>18</b> Chicken spaghetti, green beans, tossed salad w/dressing, roll, pineapple, and assorted milk	<b>19</b>
<b>20</b>	<b>21</b> NO SCHOOL	<b>22</b> Pizza, tossed salad w/dressing, country blend vegetables, banana bread, assorted fruit, and assorted milk	<b>23</b> Beef tacos, lettuce, tomato, salsa, refried beans, whole grain oatmeal cookie, apple wedges, and assorted milk	<b>24</b> BBQ pork sandwich, baked beans, Cole slaw, peaches, and assorted milk	<b>25</b> Spaghetti, green beans, tossed salad w/dressing, roll, pineapple, and assorted milk	<b>26</b>
<b>27</b>	<b>28</b> Hamburger, French fries, lettuce, tomato, pickle, mayo, mustard, ketchup, whole grain chocolate chip cookie, pear, and assorted milk	<b>29</b> Chicken fajitas, lettuce, tomato, salsa, pinto beans, spice cake, orange wedges, and assorted milk	<b>30</b> Breaded beef sticks, potatoes, black eye peas, tossed salad w/dressing, roll, assorted fruit, and assorted milk	<b>31</b> Sub sandwiches, lettuce, tomato, pickle, mayo, mustard, ketchup, corn, fruit cup, and assorted milk	<b>This institution is an equal opportunity provider.</b>	
<b>SECOND LINE: Subject to Change</b>	<b>Chicken Strips, Vegetable, Fruit, Milk</b>	<b>Pretzel Burger, Vegetable, Fruit, Milk</b>	<b>Chicken Strips, Vegetable, Fruit, Milk</b>	<b>Chicken Sandwich, Vegetable, Fruit, Milk</b>	<b>Round Pizza, Vegetable, Fruit, Milk</b>	