

## Middle School Lunch Menu October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Ham & cheese sandwich, mayo, mustard, ketchup, lettuce, tomato, pickle, oven fries, fruit cup, and assort. milk	<b>2</b> Chicken strips, mac & cheese, peas, tossed salad w/dressing, roll, strawberries, and assort. milk	<b>3</b> Taco casserole, refried beans, salsa, chocolate chip cookie, fruit cocktail, and assort. milk	<b>4</b> Chicken fried steak, potatoes, steamed broccoli, roll, fruit cup, and assort. milk	<b>5</b> Chicken spaghetti, green beans, tossed salad, roll, pineapple, and assort. milk	<b>6</b>
<b>7</b>	<b>8</b> Pepperoni pizza, tossed salad, country blend vegetables, banana bread, fruit cup, and assort. milk	<b>9</b> Chicken strips, potatoes, carrot/raisin salad, roll, fruit cup, and assort. milk	<b>10</b> Beef taco, lettuce, tomato, salsa, refried beans, oatmeal cookie, apple wedges, and assort. milk	<b>11</b> BBQ pulled pork sandwich, baked beans, Cole slaw, peaches, and assort. milk	<b>12</b> Spaghetti, green beans, tossed salad w/dressing, roll, pineapple, and assort. milk	<b>13</b>
<b>14</b>	<b>15</b> Hamburger, mayo, mustard, ketchup, lettuce, tomato, pickle, French fries, chocolate chip cookie, pears, and assort. milk	<b>16</b> Breaded beef strips, potatoes, black eyed peas, tossed salad, roll, fruit cup, and assort. milk	<b>17</b> Chicken fajitas, lettuce, tomato, salsa, pinto beans, spice cake, fruit/orange wedges, and assort. milk	<b>18</b> Sub sandwich, mayo, mustard, ketchup, lettuce, tomato, pickle, corn, fruit cup, and assort. milk	<b>19</b> Vegetable soup, crackers, cheese toast, tossed salad, pineapple, and assort. milk	<b>20</b>
<b>21</b>	<b>22</b> NO SCHOOL	<b>23</b> Pizza, California blend vegetables, tossed salad w/dressing, sugar cookie, apple wedges, and assort. milk	<b>24</b> Sloppy joe, baked beans, carrots/celery, pears, and assort. milk	<b>25</b> Lasagna, tossed salad w/dressing, roll, fruit cup, and assort. milk	<b>26</b> Chicken sandwich, mayo, ketchup, ranch, potato wedges, carrot/celery strips, fruit cocktail, and assort. milk	<b>27</b>
<b>28</b>	<b>29</b> Ham & cheese sandwich, mayo, mustard, ketchup, lettuce, tomato, pickle, French fries, fruit cup, and assort. milk	<b>30</b> Chicken strips, mac & cheese, peas, tossed salad, roll, strawberries, and assort. milk	<b>31</b> Taco casserole, refried beans, salsa, chocolate chip cookie, fruit cocktail, and assort. milk	<b>This institution is an equal opportunity provider.</b>		
<b>SECOND LINE: Subject to Change</b>	Chicken Strips, Vegetable, Fruit, Milk	Pretzel Burger, Vegetable, Fruit, Milk	Chicken Strips, Vegetable, Fruit, Milk	Chicken Sandwich, Vegetable, Fruit, Milk	Round Pizza, Vegetable, Fruit, Milk	