

# Middle School September 2018

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 NO SCHOOL	4 Chicken strips, mac & cheese, peas, salad w/dressing, roll, fruit, and milk	5 Ham & cheese sandwich, lettuce, tomato, pickle, mayo, mustard, ketchup, French fries, fruit, and milk	6 Chicken fried steak, potatoes, green beans, roll, fruit, and milk	7 Chicken spaghetti, green beans, salad, roll, fruit, and milk	8
9	10 Pizza, country blend vegetables, salad w/dressing, banana bread, fruit, and milk	11 Chicken strips, potatoes, carrot & raisin salad, roll, fruit, and milk	12 Taco salad, lettuce, cheese, salsa, pinto beans, cookie, fruit, and milk	13 Hamburger, baked beans, pickles, onions, ketchup, mustard, mayo, fruit, and milk	14 Spaghetti w/meat sauce, green beans, salad w/dressing, roll, fruit, and milk	15
16	17 Hamburger, French fries, lettuce, tomato, pickles, ketchup, mustard, mayo, cookie, fruit, and milk	18 Steak fingers, potatoes, black eyed peas, roll, salad w/dressing, fruit, and milk	19 Chicken fajitas, pinto beans, lettuce, cheese, tomato, salsa, cake, fruit, and milk	20 Sub sandwich, lettuce, tomato, pickle, mayo, mustard, ketchup, corn, fruit, and milk	21 Chicken & noodle soup, cheese toast, crackers, salad w/dressing, fruit, and milk	22
23	24 Pizza, California blend vegetables, salad w/dressing, cookie, fruit, and milk	25 Chicken strips, potatoes, green beans, roll, fruit, and milk	26 Sloppy Joes, baked beans, raw vegetable strips, fruit, and milk	27 Lasagna, salad w/dressing, roll, fruit, and milk	28 Chicken sandwich, potato wedges, lettuce, pickle, mayo, mustard, ketchup, carrot & celery strips, fruit, and milk	29
30	<b>This institution is an equal opportunity provider.</b>					